



## Bed-Bugs.co.uk

Useful information and professional treatment solutions.



### Travel advisory

Increasingly people are reporting bed bugs following European and Mediterranean short breaks some having checked the hotel rooms thoroughly. The best defence for avoiding an infestation of bed bugs is to avoid contact:

- Check all hotel rooms or places that you stay before you unpack your bags.
- Seal your luggage in a wrap of cling film, ideally 3 layers deep when flying
- Remove wrap as soon as you leave the baggage reclaim area
- If exposed stop to decontaminate your luggage before you infest your home

Be bedbug aware; there are reported cases in almost all countries of the world, a 15 minute check could save you months of avoidable irritation. Travel safe and don't bring back unwanted guests.

Common signs of bed bugs are illustrated below:

 <p>www.Bed-Bugs.co.uk</p>	<p>Blood spots and live samples found at the head board of a bed.</p> <p>Check the mattress seams and bed frame for signs of activity, live bugs will usually hide on the darkest side of the bed in the frame and around the headboard.</p>
 <p>www.Bed-Bugs.co.uk</p>	<p>Close up of a bed bug which came out from hiding during treatment. Although nocturnal they can be drawn up of cracks and crevices</p> <p>Infestations can result from a single adult female which has the ability to lay up to 150 eggs which can hatch within 10 days.</p>

Bed-bugs.co.uk offers a range of services to help you avoid infestations and treat them if necessary:

To discuss any issues in confidence check our website or call 020 7720 6468.

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